

MICHAEL PHELPS Swim SCHOOL REGISTRATION FORM

Child #1 Name _____ Age _____

Child #2 Name _____ Age _____

Child #3 Name _____ Age _____

Parent Name _____

Address _____

City/State/Zip _____

Home Phone _____ Cell Phone _____

Email _____

Has child had lessons here before? _____ Elsewhere? _____

Circle Class Requested:

Child #1: Get Wet Pre-Beginner Beginner Advanced-Beginner Intermediate

Child #2: Get Wet Pre-Beginner Beginner Advanced-Beginner Intermediate

Child #3: Get Wet Pre-Beginner Beginner Advanced-Beginner Intermediate

We will NOT call if we can accommodate your lesson choice. Please mark your calendar and come on the day and time you registered for.

Child #1: Day _____ Time _____ Session # _____ Start Date _____

Child #2: Day _____ Time _____ Session # _____ Start Date _____

Child #3: Day _____ Time _____ Session # _____ Start Date _____

Method of Payment: Cash Check Visa Mastercard Discover House Account

Please drop off payment or mail to:

Merritt Athletic Clubs Canton, 3401 Boston Street, Baltimore, MD 21244

I acknowledge and accept the risks inherent in the use of the Merritt Athletic Clubs' services and facilities, including participation in any birthday party or club rental. The undersigned assumes the sole risk if injury, accident, death, loss, cost or damage to his or her person or property which might arise from the use of Merritt Athletic Clubs' services and facilities. The undersigned further agrees that Merritt Athletic Clubs, its instructors, employees, servants, and agents, shall not be liable to the undersigned for any claims, demands, injuries, damages, actions or causes of action whatsoever to the undersigned's person or property arising out of or in connection with the use of the services and facilities of the Merritt Athletic Clubs, and further including any pre-existing physical condition or impairment.

The undersigned, his or her heirs, personal representatives, executors, representatives and assigns do hereby release and discharge Merritt Athletic Clubs, its instructors, employees, servants, and agents from all claims, demands, injuries, damages, actions or causes of action and from all acts of active or passive negligence on the part of the club, its servants, instructors, agents or employees. The undersigned further agrees to abide by all policies and procedures of Merritt Athletic Clubs and, which policies and procedures may be posted at the facility, issued orally and/or published, and which may be amended from time to time at management's sole discretion.

I have read the above statement and agree to the payment policy for Merritt Athletic Clubs.

Parent/Legal Guardian Signature _____ Date _____

How did you hear about us? Website Billboard Repeat Family/Friend

This organization is not affiliated with Baltimore County Public Schools.

MICHAEL PHELPS Swim SCHOOL

The ultimate goal of the Michael Phelps Swim School is to develop the whole person, physically and mentally. Swim classes include personal safety, stroke development, water sports and games, personal growth, and rescue. We want to ensure that each participant has an opportunity to become very comfortable and relaxed in the water.



MERRITT ATHLETIC CLUBS

GET WET

A parent and child class for children three years of age and younger (exceptions are made for older children). The focus is on water comfort, games, breath control and relaxing above and under water, parents are encouraged to challenge each child's skills and level of comfort in the water continually under the guidance of a competent instructor, the emphasis in Get Wet is on fun in the water!

Tuesdays, 4:00 pm & 6:00 pm • Thursdays, 1:30 pm • Saturdays, 10:30 am

PRE-BEGINNER

Our first class without parental involvement. Children must have reached the age of three to enroll in this level. The emphasis in Pre-Beginner is on basic water skills such as assisted and unassisted floating, blowing bubbles and retrieving items from the bottom of a shallow (3 foot) area. Listening to instructions and working within a group are stressed along with important water safety lessons.

Tuesdays, 4:30 pm • Wednesdays, 5:00 pm • Thursdays, 5:30 pm • Saturdays, 11:30 am

BEGINNER

Children are comfortable in the water, able to completely submerge, and can float on their front and back. The emphasis in Beginner is on development of confidence and feel for the water. Children remain in the Beginner level until they are swimming freestyle and demonstrating rotary breathing. It is anticipated that children will remain in this level for multiple sessions, as the skills to be mastered are quite broad and varied.

Tuesdays, 5:00 pm • Wednesdays, 5:30 pm • Thursdays, 6:00 pm • Saturdays, 12:00 pm

ADVANCED BEGINNER

Children should be able to demonstrate rotary breathing, and have mastered the air exchange process. freestyle (front crawl) skills are honed and other competitive strokes are introduced and taught. The emphasis in Advanced Beginner is on confidence with freestyle and building comfort with other strokes.

Tuesdays, 5:30 pm • Wednesdays, 6:00 pm • Thursdays, 6:30 pm • Saturdays, 12:30 pm

INTERMEDIATE

The Intermediate is the highest level of group instruction. Intermediate swimmers can swim for a distance unaided. Additionally, these swimmers demonstrate comfortable rotary breathing with freestyle, a competent backstroke, and a feel for the water. The fundamentals of breaststroke and butterfly are reinforced. These children will work to improve their skills so they can swim several laps of each stroke with confidence.

Tuesdays, 6:00 pm • Wednesdays, 6:30 pm • Thursdays, 7:00 pm • Saturdays, 1:00 pm

SESSION START DATES

(classes held once a week for 6 weeks)

Session 3

Tuesday January 3
Wednesday January 4
Thursday January 5
Saturday January 7

Session 4

Tuesday February 14
Wednesday February 15
Thursday February 16
Saturday February 18

Session 5

Tuesday March 27
Wednesday March 28
Thursday March 29
Saturday March 31

Session 6

Tuesday June 5
Wednesday June 6
Thursday June 7
Saturday June 9

Session 7

Tuesday July 31
Wednesday August 1
Thursday August 2
Saturday August 4

Session 1

Tuesday October 9
Wednesday October 10
Thursday October 11
Saturday October 13

Session 2

Tuesday November 27
Wednesday November 28
Thursday November 29
Saturday December 1
(This session will run twice a week for 3 weeks)

ENROLLMENT/PRICING

All registrations should be completed online at merrittclubs.com/mpss. The registration process is easy; simply choose your location, level and class time and pay online. If you are a member, you will have the opportunity to submit your membership bar code to receive your discount. Registration done in person at the club will be charged a \$5 admin fee.

Spaces are limited to six participants per class, so sign up in advance!

\$73/members for 6 lessons

\$89/non-members for 6 lessons

No make-ups for missed classes. If Merritt needs to cancel a lesson, a special make-up class will be offered. No refunds will be given.

For more information contact Rob Wise at rwise@merrittclubs.com or 410.563.0225.



Canton

410.563.0225
merrittclubs.com

