

Pre Swim Team

**Merritt Athletic Clubs Towson
8757 Mylander Lane, Towson, MD 21286
410.821.0160 x 302**

2008-2009

Contact Troy McCoy
tmccoy@merrittclubs.com
Or Call 410-821-0160

Sessions focus on the stroke form of Freestyle, Backstroke, Breaststroke and Butterfly. Flip turns and starts are also taught during the training.

Not Ready for the swim team yet?
Can't commit to more than one day a week? Looking to get ready for the summer swim season?

Try our Pre Swim Team Groups

Ages 10 and under 5:00-6:00

Ages 11 and older 4:00-5:00

8 week sessions:

Session I Sept 27-Nov 15th

Session II Dec 6th-Jan 24th

Session III Jan 31-March 21st

Session IV March 28th-May 16th

Pre Swim Team

Registration Form 2008-2009

Name _____

Date of Birth _____ Age _____ Membership# _____

Address _____
City _____ State _____ Zip _____

E-Mail Address _____

Home Phone _____ Work/Cell _____

Session Requested _____ Time _____

Fee

Please drop off or mail to:
Merritt Athletic Clubs Towson
8757 Mylander Lane Towson, MD 21286

Members \$70.00

Non-members \$95.00

Waiver

I acknowledge and accept the risks inherent in the use of the Merritt Athletic Club's services and facilities, including participation in any birthday party or club rental. The undersigned assumes the sole risk if injury, accident, death, loss, cost or damage to his or her person or property which might arise from the use of Merritt Athletic Club's services and facilities. The undersigned further agrees that Merritt Athletic Clubs, its instructors, employees, servants, and agents, shall not be liable to the undersigned for any claims, demands, injuries, damages, actions, or causes of action whatsoever to the undersigned's person or property arising out of or in connection with the use of the services and facilities of the Merritt Athletic Club, and further including any pre-existing physical condition or impairment.

The undersigned, his or her heirs, personal representatives, executors, representatives, and assigns do hereby release and discharge Merritt Athletic Club, its instructors, employees, servants, and agents from all claims, demands, injuries, damages, actions or causes of action and from all acts of active or passive negligence on the part of the club, its servants, instructors, agents, or employees. The undersigned further agrees to abide by all policies and procedures of Merritt Athletic Club and, which policies and procedures may be posted at the facility, issued orally and/or published, and which may be amended from time to time at management's sole discretion.

Signature/Print Name

Date